



JSA Girls' Championship Regatta
(to be held in conjunction with the YRA Queens Cup)
Saturday, July 9, 2016

Organizing Authority: American Yacht Club (AYC)

NOTICE OF RACE

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The 2016 Rules for the JSA of LIS (JSA) Events will apply.
- 1.3 Racing Rules listed below will be changed as indicated. The changes will appear in full in the sailing instructions. The sailing instructions may also change other rules.
 - a. Rule 61 will be changed to require that a boat intending to file a protest shall immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its intention to protest another boat and provide the sail number of the protested boat.
 - b. Rule 60.3 will be changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
 - c. Appendix T, Section B, Post-Race Penalties will apply.

2 ELIGIBILITY AND ENTRY

- 2.1 This regatta is open to all junior women between the ages of 14 and 18 as of December 31, 2016 who meet JSA eligibility requirements. This regatta will be sailed in Laser Radials. All competitors must comply with the eligibility requirements of the JSA and be members of JSA clubs.
- 2.2 This is an open championship event.
- 2.3 All participants shall be certified as competent for this event by either the head instructor or the program head of their member program.
- 2.4 If either the JSA weight or age requirement is not met, the sailor shall file the JSA underage/underweight permission request form with the regatta entry package. (see Rules for JSA Events 7.3). This permission form is subject to acceptance by the regatta chair.
- 2.5 The entry package must be received by Mark Ploch (markploch@doyleplochsails.com) at American Yacht Club no later than 1700 on July 5, 2016. One check payable to American Yacht Club must be drawn per club to cover all fees. Entries for this regatta will be accepted via the JSA database regatta registration facility; if that is used, it is still required that payment be received by the due date.

- 2.6 The entry package consists of the Entry Form, a completed JSA Standard Waiver and Medical Release Form for each competitor, and a single payment to cover all fees. The entry is not complete until all these elements have been received at the address above.

3 FEES

- 3.1 The entry fee is \$50 per sailor which includes a box lunch. There is no entry fee to send an instructor, however instructors may purchase box lunches for \$10.
- 3.2 Late entries and/or changes may be accepted at the discretion of the regatta chairperson. To inquire about registering after the date listed above, contact the regatta chairperson. Please do not send late entries or changes without permission from the regatta chairperson as they may not be accepted. The entry fee for late entries is \$60 per sailor.

4 SCHEDULE

- 4.1 **Registration:** All skippers and instructors shall appear in person at the registration table during the registration period. Instructors must also attend the instructors' meeting to receive safety assignments.

- 4.2 The schedule of events is as follows:

Saturday, July 9, 2016

Time	Activity	Location
0900-0930	Registration	AYC Clubhouse porch
0930	Competitors Meeting	AYC Clubhouse lawn
0945	Instructors Meeting	AYC Clubhouse lawn
1000	Harbor Start	
1045	First Warning Signal	
1630	No warning signal after	
Following racing	Presentation of awards	AYC Clubhouse lawn

- 4.3 No warning signal will be made after 1630 hours.

5 MEASUREMENT, SAFETY AND EQUIPMENT

- 5.2 All boats shall conform to their class rules and any applicable JSA safety or measurement rules. Boats are subject to inspection by the organizing authority or the judges at any time during the event.

- 5.3 **Personal Flotation Devices (PFDs):** In addition to the requirements of Rule 40 and its U.S. Prescription, a condition of entry and participation in this regatta each sailor shall wear a personal flotation device approved by the US Coast Guard that is 100% dependent on foam for floatation and is the appropriate size for the wearer with whistle attached and properly secured at all times (except for brief periods to adjust clothing) while on the water or on the dock in accordance with Rules for JSA Events. This instruction also applies to all instructors. Failure to comply with JSA rules can result in disciplinary action being taken (see Section 14).

- 5.4 **Sail numbers:** Sail numbers shall be complete and clearly visible from both sides of the sail. Entries of boats not complying with this instruction may be rejected by the Organizing Authority. If racing has already started, boats not complying with this instruction will be subject to protest by the race committee only, this changes rule 60.1

- 5.5 **JSA sail numbers:** Laser Radials shall display a JSA sail number in accordance with Rules for JSA Events 7.4.

6 SAILING INSTRUCTIONS

Sailing Instructions may be available online at www.americanyc.org before the event. Sailing Instructions will be available at the on-site registration/check-in desk.

7 VENUE

The racing area will be in the waters of Western Long Island Sound south of American Yacht Club. Directions to AYC can be found at www.jsalis.org.

8 THE COURSES

The courses to be sailed will be described in the sailing instructions, and may include a triangle, windward-leeward-windward, and/or modified Olympic course.

9.0 PENALTY SYSTEM AND PROTESTS

- 9.1 The penalty for breaches of the Rules for JSA Events will be at the discretion of the protest committee and may be less than or greater than DSQ for one or more races. Please see Rules for JSA Events 11.
- 9.2 Any competitor who takes a penalty under rule 44.1 shall notify the Race Committee as soon as practicable following the conclusion of the race.

10 SCORING

- 10.1 The Race Committee will hold as many races as possible. One race is required to be completed to constitute a series.
- 10.2 When fewer than six races have been completed, a boat's series score will be the total of her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

11 SUPPORT BOATS

- 11.1 Any club entering three or more boats shall supply a support boat equipped with a working VHF radio, an anchor and a first aid kit. An instructor, coach and/or other support personnel shall drive the support boat in accordance with Rules for JSA events 10.4 (d) and (e) and shall register with the organizing authority at registration to receive safety patrol assignments.
- 11.2 Spectator and support boats shall stay well clear of the race course area while boats are racing and shall monitor the VHF radio for updates and directives coming from the race committee.
- 11.3 If a club is not sending a support boat (i.e., a club is sending fewer than three boats), arrangements shall be made with another club to allow the instructor supervising those sailors to go out on the water. In no circumstances will competitors be allowed to sail without a designated instructor on the race course.

12 BOAT AND TRAILER STORAGE

- 12.1 All boats will be dry sailed.
- 12.2 Boats and/or trailers will be stored in the AYC parking lot in the vicinity of the launching ramp.

13 PRIZES

- 13.1 Prizes will be awarded.
- 13.2 A sportsmanship trophy may be awarded at the discretion of the race committee.
- 13.3 Perpetual Trophies: The winner of the regatta will be awarded the Founders Trophy, JSA Girls Championship. Each member program whose entrant wins a perpetual trophy shall have possession of the trophy for one year and is responsible for getting it engraved and delivering it safely to the regatta venue the following year.

14 PERSONAL CONDUCT

- 14.1 All junior sailors and instructors are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor or instructor may be disciplined as per Rules for JSA Events 11.2 for actions that include, but are not limited to, the following:
- a. swearing at, intimidating or harassing anyone, including teammates, on or off the water; or
 - b. stealing or borrowing without permission, anything that does not belong to them; or
 - c. possessing, consuming or being under the influence of alcohol, or controlled substances the possession of which is unlawful; or

- d. failure to wear a properly fastened PFD; or
- e. failure to comply with curfew requirements or other conditions of the regatta.

14.2 Please note that if an instructor is asked to leave a race course, all juniors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 15.2 Sailing is an activity that has an inherent risk of damage and injury. The race organizers (organizing authority, race committee, protest committee, host club, or any other organization (including the JSA or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 15.3 As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the American Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Responsibility for evaluating wind, sea and weather conditions rests with each competitor as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant.

16 MEALS

- 16.1 No housing for this event will be provided.
- 16.2 Lunch will be provided to sailors.

17 CONDUCT AND RESPONSIBILITY

- 17.1 The skipper shall be responsible for all actions of her crew or guests. In the event of a breach of conduct, sportsmanship, destruction of property or failure to comply with the request of any race officer, committee member or agent of the American Yacht Club, the skipper will be held responsible.
- 17.2 By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner and helmsman agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis, or death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether to start or continue to race is solely their responsibility and at their own risk, see RRS 4 Decision to Race; that American Yacht Club and its officers, trustees, members, committees, employees, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, or agents, arising out of or in any way connected with participation in such race or activity.

18. FURTHER INFORMATION

The Notice of Regatta, Sailing Instructions, results and other information will be available on the American Yacht Club web site at www.americanyc.org.

Regatta Chairperson: Mark Ploch (917) 864-8422 markploch@doyleplochsails.com



JSA Girls' Championship Regatta Saturday, July 9, 2016

ENTRY FORM

Skipper's Name _____ Age _____

Street Address _____

City, State, Zip _____

Phone _____ E-mail _____

Club _____

JSA Standard Waiver and Medical Release Form - Waiver ID _____

Entry Fee: \$50

DISCLAIMER OF LIABILITY/RESPONSIBILITY FOR SAFETY

By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that American Yacht Club and its officers, trustees, members, committees, employees, agents and sponsors will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, agents and/or sponsors, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other American Yacht Club vessels, or patrol boats, from any personnel manning them, is at the risk of the participant.

By signing below, I agree to be bound by The Racing Rules of Sailing and by all other rules that govern this event.

Signed _____ Date _____

Please send this signed Entry Form, the JSA Standard Waiver and Medical Release Form, and a check for \$50 payable to "American Yacht Club" to:
American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580 Attn: Mark Ploch

Forms may also be e-mailed to Mark Ploch at markploch@doyleplochsails.com.