



**2016 JSA Girls Championship
American Yacht Club
Saturday, July 9, 2016**

Organizing Authority: American Yacht Club, 499 Stuyvesant Ave, Rye, NY

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current version of The Racing Rules of Sailing.
- 1.2 The 2015 Rules for JSA of LIS (JSA) Events will apply.
- 1.3 Rule 60.3 is changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
- 1.4 Rule 61 is changed as follows: “Immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its protest against another boat and provide the sail number or skipper’s name of the protested boat.”
- 1.5 Appendix T, Section B, Post-Race Penalties will apply as modified by instruction 16: Penalty System

2 NOTICES TO COMPETITORS

Notices will be posted on the official regatta notice board located on the front porch of the AYC Clubhouse.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the Race Committee signal boat
- 4.2 The harbor start will be signaled by the Race Committee signal boat upon leaving the dock. No boat shall leave the vicinity of the AYC docks until the harbor start has been signaled.
- 4.3 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in the race signal AP. This changes Race Signals AP.

5 SCHEDULE OF RACES

- 5.1 The Race Committee will attempt to complete as many races as possible.
- 5.2 The racing schedule is as follows:

Time	Activity	Location
0900-0930	Registration	AYC Clubhouse porch
0930	Competitors Meeting	AYC Clubhouse lawn
0945	Instructors Meeting	AYC Clubhouse lawn
1000	Harbor Start	
1045	First Warning Signal	
1630	No race started after	
Following racing	Presentation of awards	AYC Clubhouse lawn

6 CLASS FLAGS

The class flag will be Numeral Pennant 2. The Ideal 18 fleet competing for the YRA Queens Cup will use Numeral Pennant 1.

7 RACING AREA

The racing area will be the waters south of American Yacht Club.

8.0 COURSES

8.1 The course for each race will be either

A. windward-leeward for a specified number of legs. Unless the course has been shortened, the Start/Finish mark is also the leeward mark.

OR

B. windward-leeward-finish for a specified number of legs. The start/finish line will lie between the leeward mark and windward mark, There is no restriction on crossing the start/finish line on the leg from the windward to leeward mark.

8.2 The signal boat will display code flag A if course A is to be sailed or code flag B if course B is to be sailed along with the number of legs, magnetic bearing, and range in nautical miles and tenths to the windward mark.

9 MARKS

9.1 All marks of the course will be orange tetrahedrons.

9.2 In the event of a change of course, the new mark will be a yellow tetrahedron. If there is a second course change the original mark will be used. Subsequent course changes will follow this pattern.

10 THE START

10.1 Races will be started as follows: the warning signal will be made three minutes before the starting signal, and the preparatory signal will be made two minutes before the starting signal. This changes rule 26.

10.2 The starting line will be between a staff displayed on an orange flag on the signal boat and an orange tetrahedron.

10.3 A boat starting later than three minutes after her starting signal will be scored Did Not Start. This changes Rule A4.

- 10.4 The race committee will determine whether the Ideal 18 class competing for the Queens Cup or the Laser Radial class competing for the JSA Girls Championship will start first, and may adjust the starting order throughout the day.

11 RECALLS OF OCS BOATS

- a. When an individual recall is signaled, the race committee will attempt to hail the sail numbers of all boats that are OCS. This changes rule 29.1.
- b. If code flag “T” and/or “Z,” or the black flag has been displayed, the race committee will attempt to hail the sail number(s) of boats on the course side of the starting line **during the minute** before her starting signal.
- c. A general recall will be signaled by “First Substitute” flag and two sound signals. After a general recall, a new warning signal will be made one minute after the lowering of the “First Substitute” flag.
- d. Failure of the race committee’s amplification system, the order of the hails, or failure of a boat to hear her number hailed shall not be grounds for a boat to request redress. This changes rule 62.1.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- a. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.
- b. When the next leg of the course is changed, the race committee will signal the new direction with a **green** triangle for a change to starboard or a **red** rectangle for a change to port.

13 THE FINISH

- 13.1 Unless the course has been shortened, the finishing line will be between a staff displayed on an orange flag on the signal boat and an orange tetrahedron.

14 TIME LIMITS

- a. The time limit for the first boat in each class to finish shall be 45 minutes.
- b. Boats failing to finish within 20 minutes after the first boat in their class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the number of boats finishing before the time limit expired plus 2 points, but not worse than DNF. (This changes rules 35, A4 and A5)

15 PROTESTS AND REQUESTS FOR REDRESS

- a. As soon as possible after finishing, boats shall attempt to notify the Race Committee of their intent to protest including the sail number of the protested boat.
- b. Protest forms are available at the jury desk (outside the library in the main clubhouse) and shall be delivered there within the protest time limit.
- c. The protest time limit is 30 minutes from the time the signal boat docks, which will be posted on the Official Notice Board. The same time limit applies to protests by the Race Committee and to requests for redress. This changes Rule 61.3 and 62.2.
- d. Notices of hearings will be posted promptly after the protest time limit.

- e. Protests will be heard promptly after the protest time limit in the library in the main clubhouse.
- f. Decisions of the Protest Committee will be final in accordance with rule 70.4.

16 PENALTY SYSTEM

- 16.1 Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 16.2 Boats taking a penalty turn shall report that fact to the Race Committee promptly after finishing that race.
- 16.3 A boat may take a Post-Race Penalty by informing the protest committee (not the race committee) in writing upon coming ashore at the end of a day's racing in accordance with Appendix T Section B. If a protest has been filed regarding the incident for which a boat wants to take a Post-Race Penalty, the protest committee will determine if either an arbitration meeting or protest hearing is required before the Post-Race Penalty can be taken. When it is satisfied that the requirements of rule T2.1 are met, then the protest committee will assign the appropriate scoring penalty based on submission time and give a report to the scorer.

17 SCORING

- 17.1 The Low Point scoring system will apply.
- 17.2 One race is required to be completed to constitute a series.
- 17.3 If fewer than 6 races are completed, a boat's series score will be the sum of her race scores. If 6 or more races are completed, a boat's series score will be the sum of her race scores excluding her worst score. This changes Appendix A2.
- 17.4 Boats scored TLE will be given points equal to the number of finishers within the time limit plus 2 points, but will not be scored worse than DNF.

18 SAFETY REGULATIONS

- 18.1 Before the first warning signal for each day, all boats shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored race committee signal boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.
- 18.2 A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

19 SUPPORT BOATS

- 19.1 Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 19.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

20 TRASH DISPOSAL

Boats shall comply with rule 55. Trash may be placed aboard support and race committee boats.

21 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones and any other wireless devices.

22. DISCLAIMER OF LIABILITY/RESPONSIBILITY FOR SAFETY

By participating in this event and any related activity sponsored or undertaken by American Yacht Club, the owner and helmsman agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis, or death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that American Yacht Club and its officers, trustees, members, committees, employees, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees, or agents, arising out of or in any way connected with participation in such race or activity.

Regatta Chairperson:

Mark Ploch

Principal Race Officer:

Sheila Cameron